SOUND SESSION SATURDAY "PAUSE BEFORE THE HOLIDAY CHAOS" 11/09/2024 9:30AM TO 11:00AM 3544 GALT HOUSE DR

PRICE \$15
DOOR DROP-IN \$20

MIX AND MINGLE AFTER WITH MIMOSAS OR N/A WINE \$5

QUESTIONS, REGISTER, AND PAY
BY CONTACTING LINDSAY AT
281-250-6333

THE MARQUEE

— AT NEW TOWN—

WHAT TO BRING:

MATS OR FOLDING MATTRESS

EYE MASK OR EYE PILLOW

PILLOW

BOLSTER OR PILLOW FOR KNEES

BLANKET

WATER









IN SHORT, A SOUND IMMERSION IS ONE OF THE MOST RELAXING AND IMMERSIVE EXPERIENCES ONE CAN HAVE TO REGULATE THE NERVOUS SYSTEM!

WHEN YOU COME TO A SOUND IMMERSION AT THE SOUND SPA... YOU NOT ONLY GET AN HOUR TO LAY DOWN AND RELAX.... BUT THE INSTRUMENTS CARRY YOUR MIND TO A MUCH DEEPER, RELAXING SPACE.

YOUR BODY AND MIND WILL EXPERIENCE A COMPLETE NERVOUS SYSTEM RESET, AS THE SOUND WAVES AND VIBRATIONS LOWER BRAIN WAVES AND CALM THE SENSES.

YOU WILL LEAVE REJUVENATED AND READY TO TAKE ON THE REST OF YOUR DAY.



